42 Chopped Cobb Salad
Hand Breaded Chicken, Avocado, Grape Tomatoes, House Bacon, Homemade Pimento Cheese, Boiled Egg, and Honey Balsamic, chopped to order with Fresh Romaine

SSS Smoked Salmon Salad (G)
Cherry Wood Smoked Salmon, Shaved Red Onion, Avocado, Fried Capers, Sliced Red Bell Peppers, and Mixed Greens tossed with Green Goddess Dressing topped with Curried Pistachios

Black and Bleu Steak Salad (G)
Blackened Flat-Iron Steak*, Crumbled Gorgonzola Bleu Cheese, Truffled Lemon Oil, Bread and Butter Pickled Pearl Onions, Sliced Grape Tomatoes, and Chili Spiced Pecans
*Steak Cooked Medium unless otherwise specified

Classic Caesar Salad (G)
Crisp Romaine, Shaved Parmesan, and Basil Garlic Croutons tossed with Classic Caesar Dressing
with Basil Grilled Chicken
with Citrus Seared Salmon
with Pepper Grilled Flat Iron

Seared Crab Cake Salad
On a bed of Mixed Greens with Sliced Cucumbers, Pickled Pearl Onions, Avocado, Tomato, and Remoulade
Sandwiches

Roasted Vegetable Wrap (V) 10
*Herb Marinated Roasted Vegetables topped with Balsamic Reduction in a Warm Wheat Tortilla*

Smoked Brisket Grilled Cheese 11
*Hard Wood Smoked 1855 Dry-Aged Brisket, House Pickles, Melted American Cheese, and Forty-Two BBQ Sauce on Country White Bread*

The Arkansas Traveler Burger 12
*Your choice of 1855 Dry Aged Ground Beef, Ground Turkey, Chicken Breast, or Meatless Burger Patty (V) on a Toasted Brioche Bun
Your choice of Homemade Pimento Cheese, Swiss, Cheddar, American, or Pepper Jack
Served “All the Way” with Leaf Lettuce, Tomato, House Pickles, and Shaved Red Onion
Add Peppered Candied Bacon 2
Add Easy Egg 1*

The Presidential Club 11
*Pit Smoked Ham, Roasted Turkey Breast, Leaf Lettuce, Sliced Tomato, Avocado, and Dijonnaise on Honey Wheatberry Bread*

½ Presidential Club with a ½ Bowl of Soup or Side 9

Fried Shrimp Po'boy 11
*Cornmeal Dusted Shrimp, Shredded Romaine, Sliced Tomato, Shaved Red Onion, and House Pickles on a Toasted Leidenheimer Roll dressed with Spicy Remoulade*

continued
Lunch Menu

Sides

Hand Cut Fries (G) (V)  3
With House Seasoning

Sweet Potato Fries (G) (V)  4
With Spicy Strawberry Jam or Wasabi Aioli

Seasonal Fruit (G) (V)  5
Selection based on Freshness and Seasonality

Side Salad  5
Heritage Spring Mix, Shaved Red Onions, Sliced Cherry Tomatoes, and Sliced Cucumbers with your Choice of Dressing

Find our Daily Specials menu at 42barandtable.org.

(G) - Gluten Free
(V) - Vegetarian

A 20% service charge will be added to parties of 6 or more.