

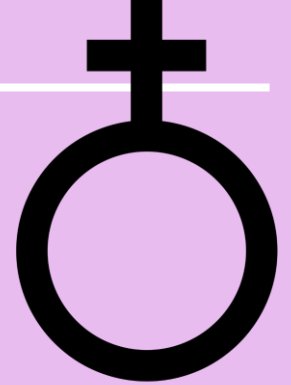


CLINTON GLOBAL INITIATIVE  
**UNIVERSITY**

**Commitment Webinar Series**

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**Empowered Women,  
Empower Women:**

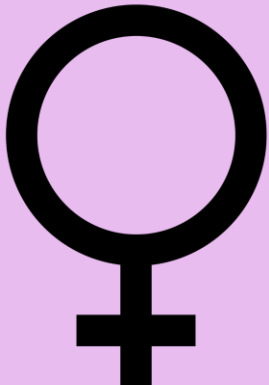


**Lean In, Reach Out,  
and Grow**

**Brinda Penmetsa**

**CGI U Commitment Mentor | Waste Management**

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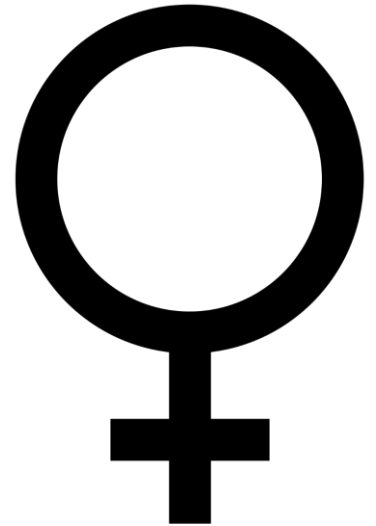
# Let's get to know each other.

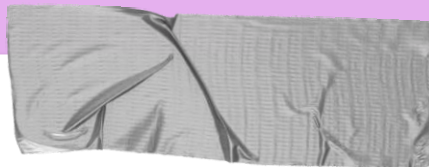


Before we discuss all the awesome ways women can support and learn from each other, **I'd like to learn more about you.**

Tell me

- **Your first and last name**
- **Where you're from**
- **What you're hoping to learn from our conversation**





# Tribe of Mentors

**Let's talk about Mentorship.**

Here's what I value in mentors:

- **Commitment**  
Mutual understanding of expectations for the mentorship
- **Connective**  
Meaningful connection between mentor and mentee, and access to networks
- **Constructive**  
Learning is continuous, feedback is honesty, and growth is tangible



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# How do I find good mentors?

When do I need a mentor?

Is it ok if they are men?

Do they have to be in the same field as me?



## Tip

**Think about your existing network.** Ask:

Who do I know who can help? Have I helped them?

Who are some role models I have?.



# Why should I “lean in”? Is leaning in enough?

**Your voice matters.**

**Your opinions matter.**

**You matter.**



### Tip

Think of instances you've seen other women lean in. Think of times you've wanted to speak up but felt like you couldn't.

# It's time to Reach Out.

Have questions you feel like are going unanswered related to school, work, or life?

Expand your network and make meaningful connections.



## Tip

Check out  
LinkedIn.

# GROW

Here are some readings and resources I recommend:

- “The Confidence Code” by Katty Kay and Claire Shipman
- “Lean In” by Sheryl Sandberg
- “Be Fearless” by Jean Case
- “Tribe of Mentors” by Timothy Ferris
- “Becoming” by Michelle Obama







Questions?



Feedback?



I'm all ears.