

A photograph of a wooden boardwalk leading towards a sunset over the ocean. The sky is filled with soft, colorful clouds in shades of orange, yellow, and blue. Tall grasses are visible on either side of the boardwalk. The overall mood is peaceful and hopeful.

# All of Us Can Be a Part of the Solution

Jacksonville 2019-2020

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A listing of prevention, treatment, and recovery resources to  
bring hope and healing to individuals, families, and communities.

# Members of the following organizations contributed to the resource guide:

Clinton Foundation

OneJax

Hendricks Avenue Baptist Church

San Jose Church of Christ

St. John's Cathedral

Church of Oakland

Congregation Ahavath Chesed

Baker Community Church

Episcopal Diocese of Florida

Riverside Presbyterian Church

The Bethel Church

Wayman Temple AME Church

Baptist Health Spiritual Care

Jacksonville Jewish Center

Religious Ministry Program, Navy Region  
Southeast

On behalf of the Clinton Foundation and our partners at OneJax, we are pleased to offer this resource guide to the Jacksonville community. This guide provides a listing of prevention, treatment, and recovery resources to bring hope and healing to individuals, families, and communities.

In 2018, we lost more than 68,000 lives to drug overdoses in the United States alone. That amounts to nearly 200 lives lost every day, eight overdose deaths every hour, and another life lost every eight minutes. But these deaths are more than statistics; each of these were real people with real stories. They were moms and dads, brothers and sisters, sons and daughters, friends and co-workers. The circumstances of their deaths may differ from person to person, but what they have in common is the reality that they are gone, and they were unable to stave off the horrors of addiction. Sadly, the tragedy is compounded by a continued surge in overdose deaths driven primarily by opioids.

The disease of addiction affects all of us, regardless of age, race, gender, creed, religion, or lack of religion. Gone are the days of not knowing someone – directly or indirectly – with an addiction problem. Because it affects all of us, it will require all of us working together to make a difference. There is no silver bullet to solve for this crisis. It will take a long-term, sustained approach and the involvement and deep partnership of organizations and individuals across sectors and in all pockets of our communities.

To this end, members of the Jacksonville faith-based community worked across their own faith traditions to develop this guide together. Faith leaders help educate, motivate, and mobilize their communities and can be the catalyst and the glue that hold all of us together while we all hold on to hope that this can and will get better. Working together collectively across faith traditions reminds us all that the whole truly is greater than the sum of its parts.

This guide attempts to provide many of the services and resources that are available to the Jacksonville community. We hope that it will help residents navigate through the web of available services and find what they need. If you have found this guide useful, please pass it on to a person who needs it!

*The Clinton Foundation does not recommend or endorse any health care providers, tests, products, procedures, treatments of resources covered in this guide. They are listed here for informational purposes only.*

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# Glossary of Key Terms

**12-Step Program:** A group providing mutual support and fellowship for people recovering from addictive behaviors. The first 12-step program was Alcoholics Anonymous (AA), founded in 1935; an array of 12-step groups following a similar model have since emerged and are the most widely used mutual aid groups and steps for maintaining recovery from alcohol and drug use disorders. It is not a form of treatment, and it is not to be confused with the treatment modality called Twelve-Step Facilitation.

**Abstinence:** Not using alcohol or drugs.

**Addiction:** The most severe form of substance use disorder, associated with compulsive or uncontrolled use of one or more substances. Addiction is a chronic brain disease that has the potential for both recurrence (relapse) and recovery.

**Binge Drinking:** For men, drinking 5 or more standard alcoholic drinks, and for women, 4 or more standard alcoholic drinks on the same occasion on at least 1 day in the past 30 days.

**Case Management:** A coordinated approach to delivering general health care, substance use disorder treatment, mental health, and social services. This approach links clients with appropriate services to address specific needs and goals.

**Compulsivity:** Repetitive behaviors in the face of adverse consequences, as well as repetitive behaviors that are inappropriate to a particular situation. People suffering from compulsions often recognize that the behaviors are harmful, but they nonetheless feel emotionally compelled to perform them. Doing so reduces tension, stress, or anxiety.

**Continuum of Care:** An integrated system of care that guides and tracks a person over time through a comprehensive array of health services appropriate to the individual's need. A continuum of care may include prevention, early intervention, treatment, continuing care, and recovery support.

**Dependence:** A state in which an organism only functions normally in the presence of a substance, experiencing physical disturbance when the substance is removed. A person can be dependent on a substance without being addicted, but dependence sometimes leads to addiction.

**Drug Diversion:** A medical and legal concept involving the transfer of any legally prescribed controlled substance from the person for whom it was prescribed to another person for any illicit use.

**Heavy Drinking:** Defined by the Centers for Disease Control and Prevention (CDC) as consuming 8 or more drinks per week for women, and 15 or more drinks per week for men,

and by the Substance Abuse and Mental Health Services Administration (SAMHSA), for research purposes, as binge drinking on 5 or more days in the past 30 days.

**Intervention:** A professionally delivered program, service, or policy designed to prevent substance misuse (prevention intervention) or treat a substance use disorder (treatment intervention).

**Medication assisted treatment (MAT):** MAT is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery. The FDA has approved several different medications to treat opioid use disorder and alcohol use disorder.

**Negative Reinforcement:** The process by which removal of a stimulus such as negative feelings or emotions increases the probability of a response like drug taking.

**Opioid Treatment Program (OTP):** SAMHSA-certified program, usually comprising a facility, staff, administration, patients, and services, that engages in supervised assessment and treatment, using methadone, buprenorphine, or naltrexone, of individuals who have opioid use disorders. An OTP can exist in a number of settings, including but not limited to intensive outpatient, residential, and hospital settings. Services may include medically supervised withdrawal and/or maintenance treatment, along with various levels of medical, psychiatric, psychosocial, and other types of supportive care.

**Positive Reinforcement:** The process by which presentation of a stimulus such as a drug increases the probability of a response like drug taking.

**Prescription Drug Misuse:** Use of a drug in any way a doctor did not direct an individual to use it.

**Protective Factors:** Factors that directly decrease the likelihood of substance use and behavioral health problems or reduce the impact of risk factors on behavioral health problems.

**Recovery:** A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. Even individuals with severe and chronic substance use disorders can, with help, overcome their substance use disorder and regain health and social function. This is called remission. When those positive changes and values become part of a voluntarily

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adopted lifestyle, that is called “being in recovery”. Although abstinence from all substance misuse is a cardinal feature of a recovery lifestyle, it is not the only healthy, pro-social feature.

**Relapse:** The return to alcohol or drug use after a significant period of abstinence.

**Remission:** A medical term meaning that major disease symptoms are eliminated or diminished below a pre-determined, harmful level.

**Risk Factors:** Factors that increase the likelihood of beginning substance use, of regular and harmful use, and of other behavioral health problems associated with use.

**Substance:** A psychoactive compound with the potential to cause health and social problems, including substance use disorders (and their most severe manifestation, addiction).

**Substance Misuse:** The use of any substance in a manner, situation, amount or frequency that can cause harm to users or to those around them. For some substances or individuals, any use would constitute as misuse (e.g., under-age drinking, injection drug use).

**Substance Misuse Problems or Consequences:** Any health or social problem that results from substance misuse. Substance misuse problems or consequences may affect the substance user or those around them, and they may be acute (e.g., an argument or fight, a motor vehicle crash, an overdose) or chronic (e.g., a long-term substance-related medical, family, or employment problem, or chronic medical condition, such as various cancers, heart disease, and liver disease). These problems may occur at any age and are more likely to occur with greater frequency of substance misuse.

**Substance Use:** The use—even one time—of any substance.

**Substance Use Disorders:** A medical illness caused by repeated misuse of a substance or substances. According to the Fifth Edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), substance use disorders are characterized by clinically significant impairments in health, social function, and impaired control over substance use and are diagnosed through assessing cognitive, behavioral, and psychological symptoms. Substance use disorders range from mild to severe and from temporary to chronic. They typically develop gradually over time with repeated misuse, leading to changes in brain circuits governing incentive salience (the ability of substance-associated cues to trigger substance seeking), reward, stress, and executive functions like decision making and self-control.

**Substance Use Disorder Treatment:** A service or set of services that may include medication, counseling, and other supportive services designed to enable an individual to reduce or eliminate alcohol and/or other drug use, address associated physical or mental health problems, and restore the patient to maximum functional ability.

**Tolerance:** Alteration of the body’s responsiveness to alcohol or a drug such that higher doses are required to produce the same effect achieved during initial use.

**Withdrawal:** A set of symptoms that are experienced when discontinuing use of a substance to which a person has become dependent or addicted, which can include negative emotions such as stress, anxiety, or depression, as well as physical effects such as nausea, vomiting, muscle aches, and cramping, among others. Withdrawal symptoms often lead a person to use the substance again.

**Wrap-Around Services:** Wrap -around services are non-clinical services that facilitate patient engagement and retention in treatment as well as their ongoing recovery. This can include services to address patient needs related to transportation, employment, childcare, housing, legal and financial problems, among others

*Source: U.S. Department of Health and Human Services (HHS), Office of the Surgeon General, Facing Addiction in America: The Surgeon General’s Report on Alcohol, Drugs, and Health. Washington, DC: HHS, November 2016.*

# Substance Use Disorder Treatment Programs

The goal of substance use disorder treatment is to help individuals stop or reduce harmful substance use, improve their health and social function, and manage their risk for relapse. Treatment services are traditionally provided in residential and outpatient programs that are outside of the main healthcare system and may include medication, counseling and other supportive services. The type and duration of treatment depends on the severity of the substance use disorder. Mild substance use disorders often respond to brief interventions and supportive monitoring. Severe substance use disorders often require specialty treatment and continued post-treatment support to achieve full remission and recovery.

## SAMHSA TREATMENT SERVICES LOCATOR

A comprehensive, confidential, and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use, addiction, and mental health problems

1-800-662-4357

<https://findtreatment.samhsa.gov/>

## RESIDENTIAL TREATMENT FOR ADULTS

### Beaches Recovery

Inpatient treatment facility for adults. Detoxification, partial hospitalization, intensive outpatient, and outpatient treatment available. Programs for men, women, executives, first responders and college students available. Medication Assisted Treatment available. Accepts many health insurance plans.

390 16th Ave South, Jacksonville

(866) 274-9281

<https://www.beachesrecovery.com/>

### Gateway Community Services Inc.

Residential treatment program for adults and adolescents as well as women with children. Follows a 12-step recovery model. Detoxification services, outpatient treatment and recovery housing also available. Medication Assisted Treatment available. Accepts many insurance plans and operates on a sliding scale fee schedule.

555 Stockton Street, Jacksonville

(877) 389-9966

<https://www.gatewaycommunity.com/>

### Lakeview Health

Residential treatment for adults includes evidence-based, gender-responsive, trauma-informed modes of treatment. Medical detox, inpatient rehab, partial hospitalization, intensive outpatient and after care available. Medication Assisted Treatment available. Accepts many insurance plans and self-pay with major credit cards is available.

1900 Corporate Square Blvd, Jacksonville

(888) 618-1284

<https://www.lakeviewhealth.com/>

### River Region Human Services

Residential treatment for adults. Outpatient treatment, supportive and transitional housing and Medication Assisted Treatment available. Most health insurance plans accepted.

2981 Parental Home Road, Jacksonville

(904) 899-6300

<https://www.rrhs.org/>

### Stepping Stone Center for Recovery

Inpatient treatment for adults. Detoxification and stabilization services available. Medication Assisted Treatment available. Many health insurance plans accepted and self-pay with major credit cards is available.

1815 Corporate Square Blvd, Jacksonville

(866) 957-7298

<https://www.steppingstonecenter.com/>

### Wekiva Springs Center

Inpatient programs based on a combination of cognitive-behavioral and 12-step philosophies of recovery. Detoxification, intensive outpatient and partial hospitalization programs are also available. Medication Assisted Treatment available. Many health insurance plans accepted.

3947 Salisbury Road, Jacksonville

(904) 717-6045

<https://wekivacenter.com/>

## FINDING QUALITY TREATMENT FOR SUBSTANCE USE DISORDERS

This fact sheet serves as a guide for individuals seeking treatment. It provides three necessary steps to complete prior to utilizing a treatment center and the five signs of a quality treatment center, which include a review of the accreditation, medication, evidence-based practices, position on the role of families, and support networks.

<https://store.samhsa.gov/system/files/pep18-treatment-loc.pdf>

## OUTPATIENT TREATMENT FOR ADULTS

### Beaches Recovery

Outpatient treatment facility for adults. Detoxification, residential, partial hospitalization available. Programs for men, women, executives, first responders and college students available. Medication Assisted Treatment available. Accepts many health insurance plans.

390 16th Ave South, Jacksonville

(866) 274-9281

<https://www.beachesrecovery.com/>

### Breakthroughs Counseling & Recovery Inc.

Alcohol and drug treatment in an intensive outpatient environment. Medication Assisted Treatment available (with prescription). Accepts most insurance plans and self-pay with check, money order and credit card.

3810-3 Williamsburg Park Blvd, Jacksonville

(904) 419-6102

<https://jaxtherapists.com/substance-abuse/>

### Cipriano & Johnson Counseling

Intensive outpatient program for adults at two locations in Jacksonville. Accepts many insurance plans and self-pay.

2520 Isabella Blvd, Jacksonville

904-246-0935

9471 Baymeadows Road, Jacksonville

904-503-2634

<http://www.cipriano-counseling.com/>

### Community Rehab Center

Outpatient treatment for adults. Insurance plans accepted.

623 Beechwood Street, Jacksonville

(904) 358-1211

<http://communityrehabcenter.org/>

### Duval County Treatment Center

Outpatient opioid addiction treatment for adults in Jacksonville and surrounding areas. Medication Assisted Treatment available. Accepts many insurance plans.

590 Ellis Rd S Building 4, Jacksonville

(877) 284-7074

<https://www.newseason.com/clinics/duval-county-treatment-center/>

### Florida Counseling and Evaluation Services

Intensive outpatient programs for adults and adolescents. Integrated treatment for co-occurring substance use and mental health issues. Many insurance plans accepted and self-pay in cash, check and major credit cards. Some reduced fee services available.

6950 Philips Highway, Jacksonville

(904) 239-3677

<http://www.flces.com/index.html>

### Gateway Community Services Inc.

Three levels of outpatient treatment available for adults and adolescents, each with specific time commitments. Follows a 12-step recovery model. Detoxification services, residential treatment and recovery housing also available. Medication Assisted Treatment (MAT) available. Accepts many insurance plans and operates on a sliding scale fee schedule.

555 Stockton Street, Jacksonville

(877) 389-9966

<https://www.gatewaycommunity.com/>

### Jacksonville Metro Treatment Center

Outpatient opioid addiction treatment for adults in Jacksonville and surrounding areas. Medication Assisted Treatment available. Accepts many insurance plans.

4427 Emerson Street, Jacksonville

(877) 284-7074

<https://www.newseason.com/clinics/jacksonville-metro-treatment-center/>

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## TREATMENT PROGRAMS

### **Lakeview Health**

Intensive outpatient treatment for adults includes evidence-based, gender-responsive, trauma-informed modes of treatment. Medical detox, inpatient rehab, residential treatment, partial hospitalization and after care available. Medication Assisted Treatment available. Accepts many insurance plans and self-pay with major credit cards is available.

1900 Corporate Square Blvd, Jacksonville

(888) 618-1284

<https://www.lakeviewhealth.com/>

### **Northwest Behavioral Health Services, Inc.**

Outpatient treatment for adults. Accepts most insurance plans and operates on a sliding scale fee schedule.

2392 North Edgewood Avenue, Jacksonville

(904) 781-7797

<http://www.nwbh.org/home0.aspx>

### **North Florida Comprehensive Treatment Center**

Outpatient treatment for adults with opioid use disorder. Medication Assisted Treatment available. Most insurance plans and self-pay with case, money orders or credit cards accepted.

6639 Southpoint Pkwy, Jacksonville

(855) 466-4242

<https://www.jacksonvillectc.com/>

### **Prodigal Kids**

Intensive outpatient program for youth ages 12 to 17 whose drug or alcohol use is interfering with normal activities of daily living. Accepts some health insurance plans.

2255 Dunn Avenue Bldg, Jacksonville

(866) 653-1280

<https://prodigalkids.org/>

### **Recovery Counseling and More**

Outpatient programs for adults. Some insurance plans and self-pay with cash, check and credit cards accepted.

4570 St. John's Ave, Jacksonville

(904) 703-8367

<https://recoverycounselingandmore.com/>

### **Recovery Keys**

Intensive outpatient treatment for adults. Detoxification, partial hospitalization and aftercare available. Special program for health care providers. Medication Assisted Treatment available. All major insurance plans accepted.

13241 Bartram Park Blvd, Jacksonville

(904) 479-1845

<https://www.recoverykeys.org/>

### **River Region Human Services**

Outpatient treatment for adults. Residential treatment for adults, supportive and transitional housing and Medication Assisted Treatment available. Most health insurance plans accepted.

3901 Carmichael Avenue, Jacksonville

(904) 899-6300

<https://www.rrhs.org/>

### **Starting Point Behavioral Healthcare**

Outpatient treatment for adults. Special program for pregnant women, women with dependent children and women trying to regain custody of their children. Program for teens also available. Medication Assisted Treatment available. Most insurance plans are accepted and offers a sliding fee scale based on financial assessment.

463142 State Road 200, Yulee

(904) 225-8280

<http://www.spbh.org/>

### **Wekiva Springs Center**

Outpatient programs based on a combination of cognitive-behavioral and 12-step philosophies of recovery. Detoxification, inpatient and partial hospitalization programs are also available. Medication Assisted Treatment available. Many health insurance plans accepted.

3947 Salisbury Road, Jacksonville

(904) 717-6045

<https://wekivacenter.com/>

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## OUTPATIENT TREATMENT FOR ADOLESCENTS

### **Florida Counseling and Evaluation Services**

Intensive outpatient programs for adolescents ages 13 to 17. Accepts many health insurance plans and reduced fee services are available on a limited basis.

6950 Philips Highway, Jacksonville

(904) 239-3677

<http://www.flces.com/index.html>

### **Gateway Community Services Inc.**

Three levels of outpatient treatment available for adolescents and adults, each with specific time commitments. Follows a 12-step recovery model. Detoxification services, residential treatment and recovery housing also available. Medication Assisted Treatment available. Accepts many health insurance plans and operates on a sliding scale fee schedule.

555 Stockton Street, Jacksonville

(877) 389-9966

<https://www.gatewaycommunity.com/>

### **Starting Point Behavioral Healthcare**

Substance use and recovery program helps teens prevent relapse by learning to recognize problem situations and avoid them. Most insurance plans are accepted and offers a sliding fee scale based on financial assessment.

463142 State Road 200, Yulee

(904) 225-8280

<http://www.spbh.org/>

## RESIDENTIAL TREATMENT FOR ADOLESCENTS

### **Gateway Community Services Inc.**

Residential treatment program for adolescents and adults, as well as women with children. Follows a 12-step recovery model. Detoxification services, outpatient treatment and recovery housing also available. Medication Assisted Treatment available. Accepts many insurance plans and operates on a sliding scale fee schedule.

555 Stockton Street, Jacksonville

(877) 389-9966

<https://www.gatewaycommunity.com/>

## Medication Assisted Treatment (MAT) for Opioid Use Disorder

MAT is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole patient” approach to the treatment of substance use disorders. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery. MAT is used for the treatment of addiction to opioids such as heroin and prescription pain relievers that contain opiates and alcohol. It normalizes brain chemistry, blocks the euphoric effects of alcohol and opioids, relieves physiological cravings and normalizes body functions.

### **Beaches Recovery**

390 16th Ave South, Jacksonville

(866) 274-9281

<https://www.beachesrecovery.com/>

### **Duval County Treatment Center**

590 Ellis Rd S Building 4, Jacksonville

(877) 284-7074

<https://www.newseason.com/clinics/duval-county-treatment-center/>

### **Gateway Community Services Inc.**

555 Stockton Street, Jacksonville

(877) 389-9966

<https://www.gatewaycommunity.com/>

### **Jacksonville Metro Treatment Center**

4427 Emerson Street, Jacksonville

(877) 284-7074

<https://www.newseason.com/clinics/jacksonville-metro-treatment-center/>

### **Lakeview Health**

1900 Corporate Square Blvd, Jacksonville

(888) 618-1284

<https://www.lakeviewhealth.com/>

### **North Florida Comprehensive Treatment Center**

6639 Southpoint Pkwy, Jacksonville

(855) 466-4242

<https://www.jacksonvillectc.com/>

### **River Region Human Services**

3901 Carmichael Avenue, Jacksonville

(904) 899-6300

<https://www.rrhs.org/>

### **Starting Point Behavioral Healthcare**

463142 State Road 200, Yulee

(904) 225-8280

<http://www.spbh.org/>

### **Stepping Stone Center for Recovery**

1815 Corporate Square Blvd, Jacksonville

(866) 957-7298

<https://www.steppingstonecenter.com/>

### **Wekiva Springs Center**

3947 Salisbury Road, Jacksonville

(904) 717-6045

<https://wekivacenter.com/>

## Mutual Aid Groups

Mutual aid groups, such as 12-step programs provide support and fellowship for people recovering from addictive behaviors. The members share a problem or status and they value experiential knowledge – learning from each other’s experiences is a central element – and they focus on personal-change goals. The groups are voluntary associations that charge no fees and are self-led by members.

### **Alcoholics Anonymous (AA)**

12-step recovery meetings for those who want to achieve or maintain sobriety. Focus on spiritual growth but not a religious organization. Free.

AA representative: (904) 399-8535

Find a meeting: <https://neflaa.org/meetings/>

### **Al-Anon**

12-step recovery meeting for friends and family of alcoholics. Focus on spiritual growth but not a religious organization. Free.

Toll-free Meeting Line: (904) 350-0600

Find a meeting: <http://www.jaxafg.org/>

### **Celebrate Recovery**

Christ-centered, 12-step recovery program for anyone struggling with hurt, pain or addiction of any kind. Free.

Telephone: (904) 726-7460

Find a meeting: <https://www.celebraterecoveryjacksonville.com/>

### **Narcotics Anonymous (NA)**

12-step recovery meeting for people who seek recovery from drug addiction; focus on spiritual growth but not a religious organization. Free.

Helpline: (904) 723-5683

Find a meeting: <http://www.firstcoastna.org/meetings/>

### **Nar-anon**

12-step program for families and friends of addicts; focus on spiritual growth but not a religious organization. Free.

Helpline: (888) 947-8885

Find a meeting: <https://naranonfl.org/meetings.html>

### **Refuge Recovery**

Mindfulness-based addiction recovery community that utilizes Buddhist philosophy as the foundation. Free and open to all.

Find a meeting: <https://refugerecovery.org/>

### **SMART Recovery**

Abstinence-based, self-help program for people having problems with drinking and using. Ideas and techniques. Free alternative to 12-steps.

Find a meeting: <https://www.smartrecoverytest.org/local/>

### **Willingway Continuing Care**

Provides a safe place for people in recovery, their family members and friends to connect after treatment, talk about their experiences and find ways to become connected with 12-step recovery. Free weekly information and outreach meetings available.

Contact: (904) 463-1246 or (904) 463-5200

<https://willingway.com/continuing-care-community-groups/>

## Wrap Around Services

Wrap-around services are non-clinical services that facilitate patient engagement and retention in treatment as well as their ongoing recovery. This can include services to address patient needs related to housing transportation, employment, childcare, legal and financial problems, among others.

### **Sober Living/Recovery Housing**

Having stable housing is a key indicator of an individual being successful in recovery. Sober living homes provide both a substance-free environment and mutual support from fellow recovering residents. Many residents stay in sober living homes during and/or after treatment, with self-determined residency lasting for several months to years.

### **City Houses Inc.**

New residents must have at least three consecutive days of sobriety prior to admission.

1704 N. Pearl Street, Jacksonville

(904) 359-9735

<https://cityhouses.org/>

### **Gateway Community Services**

Provides recovery housing to men, women and women with children at several locations. Alumni House is a transitional housing facility for men and women. Typical stay is six months to one year. Independence Village provides long-term apartment accommodations. Magnolia Row provides recovery housing for women and children.

(877) 389-9966 or [recoveryhousing@gatewaycommunity.com](mailto:recoveryhousing@gatewaycommunity.com)

<https://www.gatewaycommunity.com/>

### **Jax Sober Living House**

Three sober living recovery residences; one for women, and two for men.

(904) 300-6050

<http://jaxsoberlivinghouse.com/index.html>

### **River Region Human Services – Andy’s Place**

Supportive and transitional housing to those that are homeless due to incarceration, substance use, mental illness or HIV/AIDS.

2981 Parental Home Road, Jacksonville

(904) 899-6300

<https://www.rrhs.org/>

### **UNITED WAY'S 2-1-1**

Free and confidential service that helps people across the US find the local resources they need. Available 24/7.

<http://www.211.org/>

## Shelter, Food, and Employment Programs

Shelter programs can help address the root causes of homelessness through a range of services including mental health and substance use disorder treatment, employment and other supports. Employment supports recovery and can help people experiencing homelessness gain income, stable housing, and a sense of purpose.

### **City Rescue Mission**

Provides food, clothing, shelter, emergency services, employment services and residential recovery programs to men, women, and women with children who are homeless.

234 W. State Street, Jacksonville (emergency services location)

(904) 421-5161

<https://www.crmjax.org/>

### **Clara White Mission**

Provides food, education, housing and employment assistance for people who are homeless.

613 West Ashley Street, Jacksonville

(904) 354-4162

<http://theclearwhitemission.org>

### **Sulzbacher Center**

Provides food, emergency housing, case management, health services job placement as well as permanent supportive housing for people who are homeless. Multiple locations throughout Jacksonville.

904-359-0457

<https://sulzbacherjax.org/>

### **The Salvation Army**

Provides food, shelter and counseling for those who are homeless.

328 North Ocean Street, Jacksonville

(904) 301-4875

<https://salvationarmyflorida.org/jacksonville-ac/>

### **Trinity Rescue Mission**

Provides food, clothing, shelter, case management, counseling and residential recovery to people who are homeless.

622 West Union Street, Jacksonville

(904) 355-1205

<https://www.trinityrescue.org/>

### **Youth Crisis Center**

Provides short-term shelter and counseling to youth ages 10-17 who are referred by law enforcement, schools or other agencies because they have run away or been locked out of their home. Transitional living services available for young adults ages 18-21 who are in extended foster care of experience homelessness. Free, confidential outpatient counseling for families experiencing any youth-related issues also available.

3015 Parental Home Road, Jacksonville

(904) 725-6662

<https://youthcrisiscenter.org/>

## Legal Services

### LOCAL

#### **Jacksonville Legal Aid**

Provides free civil legal assistance to those who could not otherwise afford it.

126 West Adams Street, Jacksonville

(904) 356-8371

<https://www.jaxlegalaid.org/>

#### **Three Rivers Legal Services**

Provides free legal help to people who are poor, disabled, elderly or have experienced abuse.

3225 University Blvd South, Jacksonville

(904) 394-7450

<https://www.trls.org/>

### NATIONAL

#### **Good Samaritan Laws**

Information about state laws that may protect those who are providing and/or calling for help when someone has overdosed.

[www.ncsl.org/research/civil-and-criminal-justice/drug-overdose-immunity-good-samaritan-laws.aspx](http://www.ncsl.org/research/civil-and-criminal-justice/drug-overdose-immunity-good-samaritan-laws.aspx)

#### **Parity Track**

Understand the law, your rights, and your options in seeking behavioral health treatment.

<https://www.paritytrack.org/>

#### **Parity Registry**

Find resources in your state for consumer advocates, health plan contacts, state regulators, federal regulators or veteran and military resources.

<https://www.parityregistry.org/resources/>

## Hotlines

Hotlines are staffed by people who are trained to assist individuals who are experiencing a non-life-threatening mental health or substance use disorder-related crisis and/or feel overwhelmed and unsure of how to respond to the situation they are facing. For life-threatening emergencies please call 911 or your local emergency number.

### **Domestic Violence Hotline**

Highly-trained advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

(904) 354-3114

### **National Suicide Prevention Hotline**

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1-800-273-8255

### **Substance Abuse Treatment Helpline (SAMHSA)**

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1-800-662-4357

### **The Trevor Project**

24/7 crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and queer (LGBTQ) young people ages 13-24.

1-866-488-7386

### **United Way's 2-1-1**

Free, confidential referral and information helpline and website that connects people from all communities and of all ages to the essential health and human services they need, 24 hours a day, seven days a week.

[www.211.org/](http://www.211.org/)

## Substance Use Prevention Resources

Prevention programs, carried out before the need for treatment, can delay early use and stop the progress from use to problematic use or a substance use disorder.

### **Above the Influence Youth Prevention Toolkit**

Facilitator guides and educational materials to empower teens (12-17) with the necessary intellectual, social and emotional skills to avoid negative influences. [www.hhs.gov/sites/default/files/ati\\_toolkit\\_new.pdf](http://www.hhs.gov/sites/default/files/ati_toolkit_new.pdf)

### **Botvin Life-Skills Training Program**

Evidence-based prevention programs for schools, families and communities.

[www.lifeskillstraining.com/](http://www.lifeskillstraining.com/)

### **NIDA for Teens**

Blogs, videos, games and educational resources on substance use for teens.

[www.teens.drugabuse.gov/](http://www.teens.drugabuse.gov/)

### **Partnership for Drug-Free Kids**

Resources for parents or other caregivers looking for information and strategies to prevent or stop illicit drug use by adolescents.

[www.drugfree.org/](http://www.drugfree.org/)

## Educational Resources

These resources can be used for learning, teaching and decision-making about substance use disorders.

### **Drugs, Brains, and Behavior: The Science of Addiction (NIDA)**

Fosters understanding about the need for long-term support for people in recovery.

[www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preface](http://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preface)

### **Adverse Childhood Experiences (SAMHSA)**

Teaches how childhood adversities can increase a person's risk for substance misuse.

[www.samhsa.gov/capt/practicing-effective-prevention/prevention-behavioral-health/adverse-childhood-experiences](http://www.samhsa.gov/capt/practicing-effective-prevention/prevention-behavioral-health/adverse-childhood-experiences)

### **Opioid Basics (CDC)**

Information regarding the opioid epidemic that's designed for non-health professionals and ideal for community and faith-based organizations.

[www.cdc.gov/drugoverdose/opioids/index.html](http://www.cdc.gov/drugoverdose/opioids/index.html)

### **Effective Treatments for Opioid Addiction (NIDA)**

Educates on Medication-Assisted Treatment (MAT) and how to offer the best support for people in treatment.

[www.drugabuse.gov/publications/effective-treatments-opioid-addiction/effective-treatments-opioid-addiction](http://www.drugabuse.gov/publications/effective-treatments-opioid-addiction/effective-treatments-opioid-addiction)

### **Q&A on Naloxone (NIDA)**

Information on medications that can reverse an opioid overdose and save lives.

[www.drugabuse.gov/related-topics/opioid-overdose-reversal-naloxone-narcan-evzio](http://www.drugabuse.gov/related-topics/opioid-overdose-reversal-naloxone-narcan-evzio)

### **Opioid Overdose Prevention Toolkit (SAMHSA)**

Offers strategies to health care providers, communities, and local governments for developing practices and policies to help prevent opioid-related overdoses and deaths.

[www.store.samhsa.gov/shin/content/SMA18-4742/SMA18-4742.pdf](http://www.store.samhsa.gov/shin/content/SMA18-4742/SMA18-4742.pdf)

### **Decisions in Recovery: Treatment for Opioid Use Disorder (SAMHSA)**

Handbook for anyone seeking help or information about cutting down or cutting our narcotics, prescription pain medications, heroin and/or other opioid drugs.

[www.store.samhsa.gov/shin/content/SMA16-4993/SMA16-4993.pdf](http://www.store.samhsa.gov/shin/content/SMA16-4993/SMA16-4993.pdf)

### **"Step-by-Step" Guides**

Guides for those who have problem with drugs or know someone who does. Versions for teens, young adults and adults available.

[www.drugabuse.gov/related-topics/treatment](http://www.drugabuse.gov/related-topics/treatment)

### **Personal Recovery Stories (Hazelden Betty Ford)**

Short PBS film on fighting the stigma of addiction with stories of recovery.

[www.pbs.org/video/fighting-the-stigma-of-addiction-with-stories-of-recovery-1507239610/](http://www.pbs.org/video/fighting-the-stigma-of-addiction-with-stories-of-recovery-1507239610/)

### **Personal Recovery Stories (Faces and Voices of Recovery)**

Review the personal stories of people recovering from substance use disorders and share your own story.

<https://facesandvoicesofrecovery.org/resources/recovery-stories.html>

### **Stigma Reducing Language (Shatterproof)**

We can reduce stigma of addiction and help save lives, just by changing our language. Learn how to use person-first language and avoid stigmatizing language.

<https://www.shatterproof.org/about-addiction/stigma/stigma-reducing-language>

## Training Resources

These resources can improve capacity to recognize and respond to a mental health or substance use crisis and drug overdose.

### **Mental Health First Aid Training**

Jax Hospital Partnership provides free training on how to identify, understand and respond to signs of mental illness and substance use disorders.

<https://jaxmentalhealth.org/jaxhospitalpartnership@gmail.com>

### **Overdose Response and Naloxone Training**

Drug Free Duval provides training on how to recognize, prevent and respond to an overdose by using naloxone, a prescription medication that is used to reverse an overdose.

(904) 434-4832  
<http://drugfreeduval.org/info@drugfreeduval.org>

### **Neonatal Abstinence Syndrome Prevention Workshop**

The two-hour workshop covers the disease model of addiction, the opioid epidemic overview, the impact of substance use on maternal and child health and strategies to reduce substance exposed newborns.

The Azalea Project (An initiative of Northeast Florida Healthy Start)

(904) 930-0739  
<http://nefhealthystart.org/azalea-project-prevention/enicholas@nefhsc.org>

### **Screening, Brief Intervention and Referral to Treatment Training**

Training on a public health approach to encourage early intervention and refer people to the appropriate treatment and support.

Drug Free Duval  
(904) 434-4832  
<http://drugfreeduval.org/info@drugfreeduval.org>

The Azalea Project (An initiative of Northeast Florida Healthy Start)

(904) 930-0739  
<http://nefhealthystart.org/azalea-project-prevention/enicholas@nefhsc.org>

Addiction Technology Transfer Center offers free, self-paced courses:

[www.attcnetwork.org/national-focus-areas/content.aspx?rc=sbirt&content=DISTANCEED&header=Distance+Education](http://www.attcnetwork.org/national-focus-areas/content.aspx?rc=sbirt&content=DISTANCEED&header=Distance+Education)

## Mutual Aid Groups & Other Supportive Organizations (National)

Mutual aid groups, such as 12-step programs provide support and fellowship for people recovering from addictive behaviors. The members share a problem or status and they value experiential knowledge – learning from each other’s experiences is a central element – and they focus on personal-change goals. The groups are voluntary associations that charge no fees and are self-led by members.

### **Al-Anon and Alateen**

Help and hope for families and friends of alcoholics.

1-888-425-2666

[al-anon.org](http://al-anon.org)

[al-anon.org/newcomers/teen-corner-alateen](http://al-anon.org/newcomers/teen-corner-alateen)

### **Alcoholics Anonymous**

An international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere.

[aa.org](http://aa.org)

### **Daily Strength**

Online social network centered on support groups, where users provide one another with emotional support by discussing their struggles and successes with each other.

[www.dailystrength.org/](http://www.dailystrength.org/)

### **In the Rooms**

Online social network for the Global Recovery Community.

[www.intherooms.com/](http://www.intherooms.com/)

### **National Association for Children of Addiction**

Resources to support individuals in pain due to alcohol and drug dependence in their family.

[Nacoa.org](http://Nacoa.org)

[Nacoa.org/just-4-teens](http://Nacoa.org/just-4-teens)

### **Narcotics Anonymous**

A global organization that brings together members of the community who are either in recovery for various types of narcotics addiction or who wish to be in recovery.

800-407-7195

[na.org](http://na.org)

### **NextStep HealthTech**

A health technology company that designs, develops, and implements digital health solutions to prevent and mitigate substance use and mental health conditions. The company provides custom solutions for large organizations as well as their own direct-to-user applications: Hey NextStep and NextStep Bloom.

<https://nextstep.world>

### **Hey NextStep**

A recovery resource finder, personal health management tracker, online social network and wellness modules designed from evidence-based research all packed into one smartphone application that’s free to download from both the Android Google Play store and Apple App Store. Find resources from over 100,000 options around the U.S. including naloxone distribution centers, inpatient and outpatient facilities, and healthcare providers who are waived to administer Medication-Assisted-Treatment (MAT).

<https://heynextstep.com>

### **NextStep Bloom**

A resilience-building platform for youth containing wellness modules, a digital reflection journal, and personal health tracker to cultivate health literacy. The platform is free to download from both the Android Google Play store and Apple App Store.

<https://nextstepbloom.com>

### **Recovery 2.0**

Global movement that embraces an holistic approach to recovery from addiction of all kinds. Emphasizes the importance of mind-body practices as part of an effective path to recovery and joy in life.

[recovery2point0.com/](http://recovery2point0.com/)

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All of Us Can Be a Part of the Solution  
Jacksonville 2019-2020