



FAITH-BASED COMMUNITY RESOURCE GUIDE

Savannah, Georgia 2022

A listing of prevention, treatment, and recovery resources to bring hope and healing to individuals, families, and communities.

MEMBERS OF THE FOLLOWING ORGANIZATIONS CONTRIBUTED TO THE RESOURCE GUIDE:

All Saints Episcopal Church

Bethlehem Missionary Baptist Church

Clinton Foundation

Congregation Mickve Israel

ConneXion Church

First African Baptist Church

First Baptist Church

First Jerusalem Missionary Baptist
Church

First Presbyterian Church of Savannah

Georgia Council on Substance Abuse

Georgia Department of Behavioral
Health and Developmental Disabilities

House of Favor Full Gospel Ministries

Interfaith Addiction and Recovery
Coalition

Masjid Jihad

Messiah Lutheran Church

Speedwell United Methodist Church

St. Paul Christian Methodist Episcopal
Church

Trinity Church

True Light Pentecostal Church

Unity of Savannah

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The Clinton Foundation does not recommend or endorse any health care providers, tests, products, procedures, treatments of resources covered in this guide. They are listed here for informational purposes only.

On behalf of the Clinton Foundation and our partners at the Department of Behavioral Health and Developmental Disabilities, the Georgia Council on Substance Abuse, and the Interfaith Addiction and Recovery Coalition, we are pleased to offer this resource guide to the Savannah community. This guide provides a listing of prevention, treatment, and recovery resources to bring hope and healing to individuals, families, and communities.

According to the Centers for Disease Control and Prevention, in 2021, we lost approximately 108,000 lives to drug overdoses in the United States alone. That amounts to nearly 293 lives lost every day and 12 overdose deaths every hour. But these deaths are more than statistics; each of these were real people with real stories. They were moms and dads, brothers and sisters, sons and daughters, friends, and co-workers. The circumstances of their deaths may differ from person to person, but what they have in common is the reality that they are gone, and they were unable to stave off the horrors of addiction. Sadly, the tragedy is compounded by a continued surge in overdose deaths driven primarily by opioids.

The disease of addiction affects all of us, regardless of age, race, gender, creed, religion, or lack of religion. Gone are the days of not knowing someone — directly or indirectly — who has been impacted by addiction. Because it affects all of us, it will require all of us working together to make a difference. There is no silver bullet to solve for this crisis. It will take a long-term, sustained approach and the involvement and deep partnership of organizations and individuals across sectors and in all pockets of our communities.

To this end, members of the Savannah faith-based community worked across their own faith traditions to develop this guide together. Faith leaders help educate, motivate, and mobilize their communities and can be the glue that holds all of us together while we hold on to hope that this will get better. Working together collectively across faith traditions reminds us all that the whole truly is greater than the sum of its parts.

This guide attempts to provide many of the services and resources that are available to the Savannah community. We hope that it will help residents navigate through the web of available services and find what they need. If you have found this guide useful, please pass it on to a person who needs it!

REFERRAL RESOURCES

Substance Use Disorder Treatment Programs

The goal of substance use disorder treatment is to help individuals stop or reduce harmful substance use, improve their health and social function, and manage their risk for relapse. Treatment services are traditionally provided in residential and outpatient programs that are outside of the main healthcare system and may include medication, counseling, and other supportive services. The type and duration of treatment depends on the severity of the substance use disorder. Mild substance use disorders often respond to brief interventions and supportive monitoring. Severe substance use disorders often require specialty treatment and continued post-treatment support to achieve full remission and recovery.

NOTE: Many treatment facilities will require a patient to go to the emergency room to get medically cleared before being admitted.

BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR (SAMHSA)

A comprehensive, confidential, and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use, addiction, and mental health problems.

1 (800) 662-4357
<https://findtreatment.gov/>

RESIDENTIAL TREATMENT FOR ADULTS

Coastal Harbor Health System

Serves men and woman, ages 18 and up. Has psychiatric nurses, certified addiction counselors, discharge planners, recreational therapists, and psychiatrists specializing in adult psychiatry and addiction medicine. Operates a four to six week Return to Readiness™ (RTR) rehabilitation program to provide integrated mental health treatment services for active-duty service members and veterans who struggle with substance use and/or psychiatric disorders as a result of trauma, such as PTSD, or stressful situations throughout deployment and reintegration. Accepts most insurance plans, including Medicare, Managed Medicaid's, and TRICARE.

633 Stephenson Ave, Savannah, GA 31405
(912) 354-3911
<https://www.coastalharbor.com>

Gateway Behavioral Health Center - Chatham Behavioral Health Crisis Center

Provides short term (3-5 day) crisis intervention with connection to outpatient services or admission to inpatient care as needed. Sliding fee scale based on family income and ability to pay. No one is denied access to services due to the inability to pay.

2121 E. Derenne Ave., Savannah, GA 31405
(912) 417-9484
<https://gatewaycsb.org>

Memorial Health Center Behavioral Medicine

Psychiatric Assessment Team on call 24/7 (accessed through the ER) that can quickly evaluate and refer emergency patients in need of psychiatric assistance. They also have an inpatient unit that serves adults who have a psychiatric illness that may be coupled with a substance use concern.

5002 Waters Ave., Savannah, GA 31404
(912) 350-3023
<https://memorial.health/medical-services/behavioral-health>

Recovery Place, Inc.

Offers behavioral health services that include substance use disorder detoxification services, day treatment, residential services, mental health services, virtual addiction treatment and recovery support services, and long-term recovery residences. Detox program helps manage the physical withdrawal process, while the 28-day residential program assists patients who need short-term, intensive care. Rehabilitation program includes individual counseling and group therapy. Also provide services geared towards families, such as an eight-week educational program. Accepts private insurance, Medicaid, or no insurance.

835 E 65th St, Savannah, GA 31405
(912) 355-1440
<https://www.recoveryplace.org>

OUTPATIENT TREATMENT FOR ADULTS

Access Mental Health Agency

Offers a broad array of outpatient services provided by a staff of physicians, nurses, licensed therapists, certified addictive disease and behavioral health professionals, social workers, case managers, and mentors. Provides a broad array of healthcare services designed to support recovery and achievement of personal goals. Accepts Medicaid, Amerigroup, WellCare, Peach State, CareSource, and Cigna insurance.

6555 Abercorn St #221, Savannah, GA 31405
(912) 200-9818
<https://www.accessmha.com/our-services>

Coastal Harbor Health System

Serves men and woman, ages 18 and up. Has psychiatric nurses, certified addiction counselors, discharge planners, recreational therapists, and psychiatrists specializing in adult psychiatry and addiction medicine. Operates a four to six week Return to Readiness™ (RTR) rehabilitation program to provide integrated mental health treatment services for active-duty service members and veterans who are struggling with substance use and/or psychiatric disorders as a result of traumatic, such as PTSD, or stressful situations throughout deployment and reintegration. Accepts most insurance plans, including Medicare, Managed Medicaid's, and TRICARE.

633 Stephenson Ave, Savannah, GA
(844) 657-2368
<https://www.coastalharbor.com>

Gateway Behavioral Health Center – Savannah Counseling Services

Provides mental health and addictive disease services including behavioral health assessment/service plan development, psychological testing, diagnostic assessment, crisis intervention, psychiatric treatment, nursing assessment & health services, medication administration, pharmacy & lab services. Also provides individual outpatient services, group outpatient services, addictive disease support services and peer support services.

800 East 70th Street, Savannah, GA 31405
(912) 344-9403 or 1-866-557-9955
<https://gatewaycsb.org>

HUGS – Heads Up Guidance Services

Provides addiction recovery services, intensive outpatient services, individual and group counseling for family members of patients in recovery. Also provides counseling for victims of domestic abuse and traumas as well as marriage counseling, anger management, and counseling for other mental and behavioral health issues. Does not accept insurance but fees are usually less than insurance copays.

5 Executive Circle, Savannah, GA 31406
(912) 417-4320
www.headsupsavannah.org

Malinda Graham and Associates - Savannah

A Medicaid CORE Provider for children, adolescent, and adults. Offers individual counseling, behavioral assistance, family training/counseling, 24-hour crisis intervention, community support, individual substance abuse assessments and treatment, medication management and drug and alcohol abuse treatment.

5105 Paulsen St, Savannah, GA 31405
(912) 200-4775
<http://www.mgacommunityservices.com/index.html>

New Day Counseling

Provides outpatient treatment for clients who need help with alcohol and drug use. Also provides individual sessions, education, DUI/probation evaluations and mental health counseling. Accepts most major insurance companies, Aetna, Amerigroup, BlueCross and BlueShield, Cigna and Evernorth, Humana, Magellan, UnitedHealthcare UHC|UBH, and Out of Network. Has a sliding fee scale and accepts ACH bank transfer, credit, cash, or check.

1805 Abercorn St, Savannah, GA 31401
(912) 201-3605
<https://www.savannahoutpatient.org>

Recovery Place, Inc.

Offers behavioral health services that include substance use disorder detoxification services, day treatment, residential services, mental health services, virtual addiction treatment and recovery support services as well as long-term recovery residences. Provides services geared towards families. Offers programs for individuals with private insurance, Medicaid, or no insurance.

835 E 65th St, Savannah, GA 31405
(912) 355-1440
www.recoveryplace.org

RESIDENTIAL TREATMENT FOR ADOLESCENTS

Coastal Harbor Health System

Serves children and adolescents, ages 4 to 17, with short-term or long-term inpatient care to cope with crisis situations or ongoing behavioral, mental, or emotional difficulties. Provides therapeutic foster care placement for children in need of short-term care. Accepts most insurance plans, including Medicare, Managed Medicaid's, and TRICARE.

633 Stephenson Ave, Savannah, GA 31405
(844) 657-2368
<https://www.coastalharbor.com>

Gateway Behavioral Health Center -Lakeside Center Crisis Stabilization Program

The Crisis Stabilization Program (CSP) for Children and Adolescents is a medically monitored short-term residential service that provides psychiatric and behavioral stabilization and detoxification. The CSP is designed to serve as a first line alternative to hospitalization in state hospitals.

600 DOT Barn Rd, Bloomingdale, GA
(912) 712-1144
<https://gatewaycsb.org>

OUTPATIENT TREATMENT FOR ADOLESCENTS

Gateway Behavioral Health Center — Savannah Counseling Services

Provides mental health services and addictive disease services including behavioral health assessment/service plan development, psychological testing, diagnostic assessment, crisis intervention, psychiatric treatment, nursing assessment & health services, medication administration, pharmacy & lab services. Also provides individual outpatient services, group outpatient services, addictive disease support services and peer support services.

7395 Hodgson Memorial Drive Ste. 100, Savannah, GA 31419
(912) 554-8525
<https://gatewaycsb.org/>

FINDING QUALITY TREATMENT FOR SUBSTANCE USE DISORDERS

This fact sheet serves as a guide for individuals seeking treatment. It provides three necessary steps to complete prior to utilizing a treatment center and the five signs of a quality treatment center, which include a review of the accreditation, medication, evidence-based practices, position on the role of families, and support networks.

store.samhsa.gov/product/Finding-Quality-Treatment-for-Substance-Use-Disorders/PEP18-TREATMENT-LOC

Medication Assisted Treatment Providers

Medication Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole patient” approach to the treatment of substance use disorders. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery. MAT is used for the treatment of addiction to opioids such as heroin and prescription pain relievers that contain opiates and alcohol. It normalizes brain chemistry, blocks the euphoric effects of alcohol and opioids, relieves physiological cravings, and normalizes body functions.

HealthQwest Savannah Inc.

Provides outpatient Medication Assisted Treatment (MAT) for opioid and alcohol dependent adults. Also offers Cognitive Behavior Therapy, dual diagnosis, relapse prevention, self-help groups, and 12-step facilitation approach. Provide family and individual counseling, and substance misuse counseling services. Accept cash or self-payment, Medicaid, Medicare, State Financial Health Insurance Plan other than Medicaid, private health insurance, and TRICARE.

6707 Forest Park Drive Savannah, GA 31406
(912) 335-1699
<https://pinnaletreatment.com/locations/state/georgia/savannah>

Med Mark Treatment Centers

Provides outpatient Medication Assisted Treatment for opioid addiction utilizing methadone and buprenorphine. Treatment is supported by substance use counseling, case management, community resource referrals and other supportive services. Medicaid and commercial insurance are accepted at some MedMark Treatment Centers.

600 Commercial Court Ste A, Savannah, GA 31406
(912) 352-4357
www.medmark.com/medmark-treatment-centers-savannah

New Season Treatment Center

Offers opioid addiction treatment and recovery services. Also offers medication-assisted treatment, counseling, medically supervised withdrawal, medical exams, and outpatient service referrals. Accepts most insurances, including Medicare, Medicaid, and private insurance.

145 Southern Blvd Ste B, Savannah, GA 31405
(877) 284-7074
<https://www.newseason.com>

Mental Health Counseling and Therapy

If you have health insurance, refer to your insurer for a listing of in-network providers. This list provides a sample of the many public and private mental health providers in Savannah.

Access Mental Health Agency

Offers outpatient services provided by staff of physicians, nurses, licensed therapists, certified addictive disease and behavioral health professionals, social workers, case managers, and mentors. Also provides healthcare services to support recovery and achievement of personal goals. Accepts Medicaid, Amerigroup, WellCare, Peach State, CareSource, and Cigna insurance.

6555 Abercorn St #221, Savannah, GA 31405
(912) 200-9818
24/7 emergency number: 1-855-590-7728
<https://www.accessmha.com/our-services>

Barnabas Center for Counseling

Offers Christ-centered individual, marriage and family therapy for children, adolescents, and adults. Accepts most major insurance plans.

1 Oglethorpe Professional Blvd Suite 201
Savannah, GA 31406
<https://www.barnabascenter.net>

Donna Hammontree, LCSW, RPT-S

Therapy for adults, adolescents, children, and toddlers. Provides support during recovery for individuals and family members. Play therapy, trauma work, EMDR, DBT, anxiety, depression, life transitions.

7002 Hodgson Memorial Drive, Suite. 103
Savannah, GA 31406
<https://donnahammontree.com>

Gateway Behavioral Health Center – Savannah Counseling Services

Provides mental health services and addictive disease services including behavioral health assessment/service plan development, psychological testing, diagnostic assessment, crisis intervention, psychiatric treatment, nursing assessment & health services, medication administration, pharmacy & lab services. Also provides individual outpatient services, group outpatient services, addictive disease support services and peer support services.

800 East 70th Street, Savannah, GA 31405
(912) 344-9403 or 1-866-557-9955
<https://gatewaycsb.org>

Georgia Outreach, LLC

Offers services for mental health and substance use challenges including medication management, individual, couples and family therapy, child therapy, anxiety and depression counseling and treatment. Accepts most major insurance plans including Anthem, Cigna, Optum, Aetna, Beacon, Memorial Health, First Health Network, Ambetter, Humana, Tricare, Medicare, GEHA, Well Care, Amerigroup, Care Source.

Savannah Southside: 7130 Hodgson Memorial Dr #101,
Savannah, GA 31406
(912) 355-3881

Savannah Downtown: 127 Abercorn St. Ste 410, Savannah,
GA 31401
912-355-3881
<https://www.georgiaoutreach.com>

HUGS - Heads Up Guidance Services

Offers professional behavioral health counseling & addiction recovery services. Call for information regarding insurance and costs.

5 Executive Cir, Savannah, GA 31406
(912) 417-4320
<https://www.headsupsavannah.org>

Life Stance Health

Offers Transcranial Magnetic Stimulation therapy, neuropsychological testing, individual therapy including, psychotherapy, psychoanalysis, couples' therapy, family therapy and more, group therapy, counseling in depression, anxiety, PTSD along with medication management, dialectical behavioral therapy, and cognitive behavioral therapy. Accepts most insurances including but not limited to, Aetna, Beacon Health Options, Blue Cross Blue Shield, Cigna, Humana, Kaiser, Magellan, Medicare, Tricare, and United Healthcare/Optum.

635 Stephenson Ave, Savannah, GA 31405
(912) 352-2921
<https://www.mygbhp.com/location/savannah>

Low Country Counseling

Specializes in substance use disorder and eating recovery for individuals, couples, and families. Most major insurance providers are accepted.

700 Commercial Ct. Suites 102, 201, Savannah, GA 31406
912-503-5744
<https://savannahtherapist.com>

Malinda Graham and Associates – Savannah

A Medicaid CORE Provider for children, adolescent, and adults. Offers individual counseling, behavioral assistance, family training/counseling, 24-hour crisis intervention, substance use assessments, medication management and drug and alcohol treatment.

5105 Paulsen St, Savannah, GA 31405
(912) 200-4775
<http://www.mgacommunityservices.com/index.html>

Water's Edge Counseling

Specializes in anxiety, and depression treatment, eating disorders, military counseling, substance abuse, and more. Offers counseling for individuals, couples, families, teens, and children. Sees clients on a self-pay basis.

2103 Bull St, Savannah, GA 31401
(912) 319-5552
<https://www.watersedgescounseling.com>

Mutual Aid Groups

Mutual aid groups, such as 12-step programs provide support and fellowship for people recovering from addictive behaviors. The members share a problem or status, and they value experiential knowledge — learning from each other's experiences is a central element — and they focus on personal-change goals. The groups are voluntary associations that charge no fees and are self-led by members.

Al-Anon & Alateen

12-step recovery meeting for friends and family of alcoholics. Focus on spiritual growth but not a religious organization. In-person/Online.

24 Hour Hotline: (404) 525-3178
<https://www.ga-al-anon.org>

Alcoholics Anonymous (AA)

12 –step recovery meeting for those who want to achieve or maintain sobriety. Focus on spiritual growth but not a religious organization. Free. In-person/Online.

24 Hour Hotline: (404) 525-3178
www.aageorgia.org

Celebrate Recovery

Christ-centered, 12-step recovery program for anyone struggling with hurt, pain, or addiction of any kind. Free. In-person/Online.

24 Hour Hotline: (404) 525-3178
<https://www.celebraterecovery.com>

Cocaine Anonymous (CA)

12 –step recovery meeting for those who want to achieve or maintain sobriety. Focus on spiritual growth but not a religious organization. Free. In-person/Online.

24 Hour Hotline: (404) 525-3178
Georgia Area Cocaine Anonymous Helpline: 404-255-7787
<https://georgiacaca.org/about-ca>

Narcotics Anonymous (NA)

12 –step recovery meeting for those who want to achieve or maintain sobriety. Focus on spiritual growth but not a religious organization. Free. In-person/Online.

24 Hour Hotline: (404) 525-3178
Helpline: (800) 338-8750
<https://www.na.org>

Nar-Anon

12-step recovery meeting for friends and family of alcoholics. Focus on spiritual growth but not a religious organization. In-person/Online.

24 Hour Hotline: (404) 525-3178
(800) 477-6291
<https://www.nar-anon.org>

National Alliance on Mental Illness- Savannah

NAMI Family Support Groups meet in two locations — Wilmington Island and Garden City. NAMI Connections Support Groups — Meetings held on Thursdays two locations: Savannah & Garden City. In-person/Online.

24 Hour Hotline: (404) 525-3178
224 Stephenson Ave, Savannah, GA 31406
(912) 353-7143
<https://www.namisavannah.org>

Parents of Addicted Loved Ones (PAL)

Primary goal is to provide hope through education and support for parents dealing with addicted loved ones. Open to any one of any faith or background. Online.

480-300-4712 (8AM-8PM MST)
<https://palgroup.org>

Recovery Dharma

Peer-led movement and community that is unified by trust in the potential of anyone to recover and find freedom from the suffering of addiction. Focus on empowerment, and mutual support. Online.

<https://recoverydharma.org>

SMART Recovery

Abstinence-based, self-help program for people having problems with drinking and using. Ideas and techniques. Free alternative to 12-steps. Online.

24 Hour Hotline: (404) 525-3178
<https://www.smartrecovery.org>

Hotlines

Hotlines are staffed by people who are trained to assist individuals who are experiencing a non-life-threatening mental health or substance use disorder-related crisis and/or feel overwhelmed and unsure of how to respond to the situation they are facing. For life-threatening emergencies please call 911 or your local emergency number.

Behavioral Health Treatment Services Locator (SAMHSA)

Provides free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Hours: 24 hours a day, 7 days a week.

800-662-4357

Childhelp National Child Abuse Hotline

Dedicated to the prevention of child abuse. The hotline is staff 24/7 with professional crisis counselors who provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.

1-800-422-4453

Crisis Text Line

Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, from a secure online platform.

Text HOME to 741741

Georgia Crisis and Access Line

Available 24/7 to help people in a crisis. Provides telephonic crisis intervention services, dispatches mobile crisis teams, assists individuals in finding an open crisis or detox bed, link individuals with urgent appointment services.

Text "GA" to 741741, call 1-800-715-4225 or download the mobile app GCAL

IMAlive Online Chat

Live online network that uses instant messaging to respond to people in crisis.

<https://www.imalive.org/>

National Domestic Violence Hotline

Provides 24/7 support to anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

1-800-799-7233

If you are unable to speak safely, you can log onto thehotline.org or text LOVEIS to 1-866-331-9474.

National Parent Helpline

Provides emotional support from a trained advocate and teaches to become an empowered and stronger parent.

855-427-2736

National Runaway Safeline

Call if you are thinking of running from home, if you have a friend who has run away, or if you are a runaway ready to go home.

800-786-2929

National Sexual Assault Hotline

Trained staff provide confidential support and connect you to resources in your area.

800-656-4673

National Suicide Prevention Hotline

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Call 800-273-8255 or call or text 988 or chat 988lifeline.org.

Safe Shelter – 24/7 Crisis Line

Savannah's only shelter for victims of intimate partner violence and their underage children.

912-629-8888

Statewide Domestic Violence Hotline

Calls are automatically connected to the nearest certified shelter, based on the caller's phone number.

800-334-2836

The Trevor Project

24/7 crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and queer (LGBTQ) young people ages 13-24.

1-866-488-7386

United Way's 2-1-1

Free, confidential referral and information helpline and website that connects people from all communities and of all ages to the essential health and human services they need, 24 hours a day, seven days a week.

<https://www.211.org>

Veteran's Crisis Line

Reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

Call 800-273-8255 and press 1 or text 838255.

Supportive Local Organizations

Circle of Recovery Peer Support Center

Provides Peer Support, recovery meetings, mutual support groups, transportation resources, recovery support services, recreational, social and art activities, veteran support meetings, Free Thinkers meetings and grief support groups. Makes referrals to health care activities and local shelters. Provides GED resource assistance. Provides resume building, employment assistance and housing assistance. Provides resource information and resources. Makes referrals to behavioral health treatment centers. Hours: Tues-Sun 12:00 pm to 9 am

2423 Abercorn St, Savannah, GA 31419
(912) 298-2565

Georgia Council on Substance Abuse

Offers education, advocacy and creates safe and empowering environments that support the dignity and value of what's right and what's working with individuals, communities, and systems. Facilitates connections and conversations to combat the discrimination faced by individuals & families confronted with substance use challenges and disorders. Serves as the certifying body for C.A.R.E.S. (Certified Addiction Recovery Empowerment Specialists). Provides peer-led direct services through the CARES Warm Line and Northeast Georgia Community Connections.

2310 Park Lake Dr., Suite 540, Atlanta, GA 30345
(404) 523-3440
CARES Warm Line (Recovery Peer Support) Call or Text
from 8:30 am - 11:00 pm: 1-844-326-5400
<https://gasubstanceabuse.org>

No More O.D.s

NMO is available 24/7 to assist those in need of harm reduction supplies. Team members will distribute free Narcan whenever it is needed, and also deliver.

(609) 744-4144
<https://www.nomore-overdoses.com/>

Recovery Place, Inc.

Offers behavioral health services that include substance use disorder detoxification services, day treatment, residential services, mental health services, virtual addiction treatment and recovery support services as well as long-term recovery residences. Provides services geared towards families. Offers programs for individuals with private insurance, Medicaid, or no insurance.

835 E 65th St, Savannah, GA 31405
(912) 355-1440
www.recoveryplace.org

Savannah Interfaith Addiction and Recovery Coalition

Provides faith leaders of all faiths with reliable information, education, and resources on the subjects of addiction and recovery.

(651) 291-7236
<https://www.facebook.com/INTERFAITHADDICTIONANDRECOVERYCOALITION>

Wraparound Services

Wraparound services are non-clinical services that facilitate patient engagement and retention in treatment as well as their ongoing recovery. This can include services to address patient needs related to housing transportation, employment, childcare, legal and financial problems, among others.

HOUSING

Having stable housing is a key indicator of an individual being successful in recovery. Sober living homes provide both a substance-free environment and mutual support from fellow recovering residents. Many residents stay in sober living homes during and/or after treatment, with self-determined residency lasting for several months to years.

Georgia Association of Recovery Residences (GARR)

GARR, an affiliate of the National Alliance for Recovery Residences, is an advocate and for quality recovery residences in Georgia. You may contact them if you are looking for a recovery program or a sober living facility.

8343 Roswell Rd #267, Atlanta, GA 30350
(470) 296-3435
<https://www.thegarrnetwork.org>

Homeless Assistance Resources

Lists state-specific resources provided by the Department of Housing & Urban Development to assist the homeless with finding shelters, food banks, legal services, emergency rent and utility assistance, housing counselors, and help hotlines that are available to Georgia residents

40 Marietta St NW, Atlanta, GA 30303-2812
(404) 331-5136
<https://nrd.gov/resource/detail/13081364/Homeless+Assistance+Resources+++Georgia>

LIFE SKILLS & FAMILY SERVICES

Chatham County DFCS

Responsible for Temporary Assistance for Needy Families (TANF), food stamp benefits, and social services to assist low-income families or families in crisis.

761 Wheaton St, Savannah, GA 31401
(912) 644-5956
<https://dfcs.georgia.gov/locations/chatham-county>

Eastern Judicial Circuit of Georgia

Provides the Youth Educational Shoplifting (Y.E.S.) Program designed by the National Association for Shoplifting Prevention (N.A.S.P.) for first-time theft offenders. A home study program for 10- to 17-year-old youth.

133 Montgomery Street, Savannah, GA 31401
(912) 652-7197
<https://courts.chathamcountyga.gov/Juvenile/Programs>

Georgia Health Partners, LLC

Services are geared toward improving overall quality of life. Services can be facilitated either, in home, school, the community or in the office. In addition to providing intensive care coordination, each individual will also have the option of a behavioral health assessment, a nursing assessment and care, a physician assessment and care as well as various clinical trainings and consultations.

5302 Frederick Street, Suite 100, Savannah, GA 31405
(912) 225-3883
<http://gahealthpartners.com>

Johnny's Bridges to Hope

A confidential resource for families seeking support and services for dealing with a family member who is mentally ill.

5353 Reynolds St, Savannah, GA 31405
(912) 819-8498
<https://www.sjchs.org/why-sjchs/community-outreach/johnnys-bridges-to-hope>

The Front Porch

A Juvenile Court led collaborative designed to reduce both recidivism and court involvement among youth. Works with partner agencies to provide assistance to facilitate and implement intervention plans.

2203 Abercorn St, Savannah, GA 31401
(912) 652-6555
<https://www.facebook.com/TFPSavannah>

Youth Advocate Programs

Provides young people, adults, and their families with intensive support. Partners with families to build and strengthen essential skills and resources needed to thrive.

102 Oglethorpe Professional Ct Unit 1, Savannah, GA 31406
(912) 349-2385
<https://www.yapinc.org/Locations>

LEGAL SUPPORT & INFORMATION

Local resources

Georgia Legal Services Program

Provides free, civil legal services to low-income or senior-aged Georgians outside of Atlanta.

705 Washington St SW # 1, Gainesville, GA 30501
1-833-GLSPLAW (or 1-833-457-7529)
<https://www.glsplaw.org>

National resources

Good Samaritan Laws

Information about state laws that may protect those who are providing and/or calling for help when someone has overdosed.

www.ncsl.org/research/civil-and-criminal-justice/drug-overdose-immunity-good-samaritan-laws.aspx

Parity Track

Understand the law, your rights, and your options in seeking behavioral health treatment.

<https://www.paritytrack.org>

Parity Registry

Find resources in your state for consumer advocates, health plan contacts, state regulators, federal regulators or veteran and military resources.

<https://www.parityregistry.org/resources>

ADDITIONAL INFORMATION

Substance Use Prevention Organizations

Prevention programs, carried out before the need for treatment, can delay early use and stop the progress from use to problematic use or a substance use disorder.

Generation Prescription Drug (Gen Rx)

The GEN Rx Project is a response to the growing epidemic of prescription drug abuse among youth and young adults in Georgia. GEN Rx works to implement evidence-based strategies to reduce prescription abuse among 12 – 25-year-old within the targeted areas of Catoosa, Early and Gwinnett counties.

<https://dbhdd.georgia.gov/gen-rx>

Georgia Overdose Prevention

A grassroots organization comprised of parents, healthcare professionals, harm reduction advocates and friends of those who have lost loved ones to accidental drug overdose. Created and advocated for the passage of the Georgia 911 Medical Amnesty Law. Provides naloxone kits and training on how to administer naloxone.

<https://georgiaoverdoseprevention.org>

Georgia Teen Institute

Georgia Teen Institute (GTI), an initiative of Gwinnett United in Drug Education, Inc. (GUIDE), is a youth leadership program for Youth Action Teams throughout Georgia. The institute begins with a summer training program and continues with year-round support. GTI is dedicated to providing young people in middle and high schools with opportunities to become strong leaders.

<https://georgiati.org>

Georgia Prescription Drug Abuse Prevention Collaborative (GADAPC)

GADAPC is composed of public and private sectors and works collectively across Georgia to prevent and reduce prescription drug misuse through education, monitoring, proper medication disposal, and enforcement.

<https://dbhdd.georgia.gov/georgia-prescription-drug-abuse-prevention-collaborative>

Maternal Substance Abuse Child Development (MSACD)

Through a statewide contract with Emory University, the MSACD Prevention Program is committed to raising the awareness of the devastating effects of alcohol and other substances when used during pregnancy by providing a range of prevention services to agencies, communities, and families across the state of Georgia.

<http://msacd.emory.edu>

Voices for Prevention (V4P)

Advocates for and educates about substance abuse prevention, suicide prevention and related issues.

<https://v4pga.org>

Educational Resources

Drugs, Brains, and Behavior: The Science of Addiction (NIDA)

Fosters understanding about the need for long-term support for people in recovery.

<https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preface>

Opioid Basics (CDC)

Information regarding the opioid epidemic that's designed for non-health professionals and ideal for community and faith-based organizations.

<https://www.cdc.gov/drugoverdose/opioids/index.html>

Effective Treatments for Opioid Addiction (NIDA)

Educates on Medication-Assisted Treatment (MAT) and how to offer the best support for people in treatment.

<https://www.drugabuse.gov/publications/effective-treatments-opioid-addiction>

Q&A on Naloxone (NIDA)

Information on medications that can reverse an opioid overdose and save lives.

<https://www.drugabuse.gov/publications/drugfacts/naloxone>

Opioid Overdose Prevention Toolkit (SAMHSA)

Offers strategies to health care providers, communities, and local governments for developing practices and policies to help prevent opioid-related overdoses and deaths.

<https://store.samhsa.gov/product/Opioid-Overdose-Prevention-Toolkit/SMA18-4742>

Personal Recovery Stories (Hazelden Betty Ford)

Short PBS film on fighting the stigma of addiction with stories of recovery.

<https://www.pbs.org/video/fighting-the-stigma-of-addiction-with-stories-of-recovery-1507239610>

Personal Recovery Stories (Faces and Voices of Recovery)

Hear the personal stories of people recovering from substance use disorders and share your own story.

<https://facesandvoicesofrecovery.org/resources/recovery-stories>

Stigma Reducing Language (Shatterproof)

Learn how to use person-first language and avoid stigmatizing language.

<https://www.shatterproof.org/our-work/ending-addiction-stigma/change-your-language>

National Organizations and Resources

Mutual aid groups, such as 12-step programs provide support and fellowship for people recovering from addictive behaviors. The members share a problem or status, and they value experiential knowledge – learning from each other’s experiences is a central element – and they focus on personal-change goals. The groups are voluntary associations that charge no fees and are self-led by members.

Al-Anon and Alateen

Help and hope for families and friends of alcoholics.

1-888-425-2666

al-anon.org

al-anon.org/newcomers/teen-corner-alateen

Alcoholics Anonymous

An international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere.

aa.org

Daily Strength

Online social network centered on support groups, where users provide one another with emotional support by discussing their struggles and successes with each other.

www.dailystrength.org/

Faces and Voices of Recovery

A national recovery advocacy organization that mobilizes people in recovery from alcohol and drug dependence, as well as their families, friends, and allies in campaigns to end discrimination and make recovery a reality for even more Americans.

<https://facesandvoicesofrecovery.org>

National Harm Reduction Coalition

A national advocacy and capacity-building organization that works to promote the health and dignity of individuals and communities who are impacted by drug use.

<https://harmreduction.org>

Hey NextStep

A recovery resource finder, personal health management tracker, online social network and wellness modules designed from evidence-based research all packed into one smartphone application that's free to download from both the Android Google Play store and Apple App Store. Find resources from over 100,000 options around the U.S. including naloxone distribution centers, inpatient and outpatient facilities, and healthcare providers who are waived to administer Medication-Assisted-Treatment (MAT).

<https://heynextstep.com>

In the Rooms

Online social network for the Global Recovery Community.

www.intherooms.com

National Association for Children of Addiction

Resources to support individuals in pain due to alcohol and drug dependence in their family.

Nacoa.org

Nacoa.org/just-4-teens

National Association of Recovery Residences (NARR)

Dedicated to expanding the availability of well-operated, ethical, and supportive recovery housing. Developed the most widely referenced national standard for the operation of recovery residences and works with and supports 30 state affiliate organizations. NARR and these organizations collectively support over 25,000 persons in addiction recovery who are living in over 2,500 certified recovery residences throughout the United States.

<https://narronline.org>

National Institute on Drug Abuse

Leads the nation in scientific research on the health aspects of drug abuse and addiction. It supports and conducts research across a broad range of disciplines, including genetics, functional neuroimaging, social neuroscience, prevention, medication and behavioral therapies, and health services.

<https://nida.nih.gov/>

Narcotics Anonymous

A global organization that brings together members of the community who are either in recovery for various types of narcotics addiction or who wish to be in recovery.

800-407-7195

na.org

NextStep HealthTech

A health technology company that designs, develops, and implements digital health solutions to prevent and mitigate substance use and mental health conditions. The company provides custom solutions for large organizations as well as their own direct-to-user applications: Hey NextStep and NextStep Bloom.

<https://nextstep.world>

NextStep Bloom

A resilience-building platform for youth containing wellness modules, a digital reflection journal, and personal health tracker to cultivate health literacy. The platform is free to download from both the Android Google Play store and Apple App Store.

<https://nextstepbloom.com>

Recovery 2.0

Global movement that embraces a holistic approach to recovery from addiction of all kinds. Emphasizes the importance of mind-body practices as part of an effective path to recovery and joy in life.

<https://r2o.com/>

Substance Abuse and Mental Health Services Administration (SAMHSA)

The agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

<https://www.samhsa.gov/>

Glossary of Key Terms

12-Step Program: A group providing mutual support and fellowship for people recovering from addictive behaviors. The first 12-step program was Alcoholics Anonymous (AA), founded in 1935; an array of 12-step groups following a similar model have since emerged and are the most widely used mutual aid groups and steps for maintaining recovery from alcohol and drug use disorders. It is not a form of treatment, and it is not to be confused with the treatment modality called Twelve-Step Facilitation.

Abstinence: Not using alcohol or drugs.

Addiction: The most severe form of substance use disorder, associated with compulsive or uncontrolled use of one or more substances. Addiction is a chronic brain disease that has the potential for both recurrence (relapse) and recovery.

Binge Drinking: For men, drinking 5 or more standard alcoholic drinks, and for women, 4 or more standard alcoholic drinks on the same occasion on at least 1 day in the past 30 days.

Case Management: A coordinated approach to delivering general health care, substance use disorder treatment, mental health, and social services. This approach links clients with appropriate services to address specific needs and goals.

Compulsivity: Repetitive behaviors in the face of adverse consequences, as well as repetitive behaviors that are inappropriate to a particular situation. People suffering from compulsions often recognize that the behaviors are harmful, but they nonetheless feel emotionally compelled to perform them.

Continuum of Care: An integrated system of care that guides and tracks a person over time through a comprehensive array of health services appropriate to the individual's need. A continuum of care may include prevention, early intervention, treatment, continuing care, and recovery support.

Dependence: A state in which an organism only functions normally in the presence of a substance, experiencing physical disturbance when the substance is removed. A person can be dependent on a substance without being addicted, but dependence sometimes leads to addiction.

Drug Diversion: A medical and legal concept involving the transfer of any legally prescribed controlled substance from the person for whom it was prescribed to another person for any illicit use.

Harm Reduction: Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. Harm Reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who use drugs.

Heavy Drinking: Defined by the Centers for Disease Control and Prevention (CDC) as consuming 8 or more drinks per week for women, and 15 or more drinks per week for men, and by the Substance Abuse and Mental Health Services Administration (SAMHSA), for research purposes, as binge drinking on 5 or more days in the past 30 days.

Intervention: A professionally delivered program, service, or policy designed to prevent substance misuse (prevention intervention) or treat a substance use disorder (treatment intervention).

Medication Assisted Treatment (MAT): MAT is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery. The FDA has approved several different medications to treat opioid use disorder and alcohol use disorder.

Negative Reinforcement: The process by which removal of a stimulus such as negative feelings or emotions increases the probability of a response like drug taking.

Opioid Treatment Program (OTP): SAMHSA-certified program, usually comprising a facility, staff, administration, patients, and services, that engages in supervised assessment and treatment, using methadone, buprenorphine, or naltrexone, of individuals who have opioid use disorders. An OTP can exist in a number of settings, including but not limited to intensive outpatient, residential, and hospital settings. Services may include medically supervised withdrawal and/or maintenance treatment, along with various levels of medical, psychiatric, psychosocial, and other types of supportive care.

Positive Reinforcement: The process by which presentation of a stimulus such as a drug increases the probability of a response like drug taking.

Prescription Drug Misuse: Use of a drug in any way a doctor did not direct an individual to use it.

Protective Factors: Factors that directly decrease the likelihood of substance use and behavioral health problems or reduce the impact of risk factors on behavioral health problems.

Recovery: A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. Even individuals with severe and chronic substance use disorders can, with help, overcome their substance use disorder and regain health and social function. This is called remission. When those positive changes and values become part of a voluntarily adopted lifestyle, that is called “being in recovery”. Although abstinence from all substance misuse is a cardinal feature of a recovery lifestyle, it is not the only healthy, pro-social feature.

Relapse: The return to alcohol or drug use after a significant period of abstinence.

Remission: A medical term meaning that major disease symptoms are eliminated or diminished below a pre-determined, harmful level.

Risk Factors: Factors that increase the likelihood of beginning substance use, of regular and harmful use, and of other behavioral health problems associated with use.

Substance: A psychoactive compound with the potential to cause health and social problems, including substance use disorders (and their most severe manifestation, addiction).

Substance Misuse: The use of any substance in a manner, situation, amount, or frequency that can cause harm to users or to those around them. For some substances or individuals, any use would constitute as misuse (e.g., under-age drinking, injection drug use).

Substance Use: The use — even one time — of any substance.

Substance Use Disorders: A medical illness caused by repeated misuse of a substance or substances. According to the Fifth Edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), substance use disorders are characterized by clinically significant impairments in health, social function, and impaired control over substance use and are diagnosed through assessing cognitive, behavioral, and psychological symptoms. Substance use disorders

range from mild to severe and from temporary to chronic. They typically develop gradually over time with repeated misuse, leading to changes in brain circuits governing incentive salience (the ability of substance-associated cues to trigger substance seeking), reward, stress, and executive functions like decision making and self-control.

Substance Use Disorder Treatment: A service or set of services that may include medication, counseling, and other supportive services designed to enable an individual to reduce or eliminate alcohol and/or other drug use, address associated physical or mental health problems, and restore the patient to maximum functional ability.

Tolerance: Alteration of the body’s responsiveness to alcohol or a drug such that higher doses are required to produce the same effect achieved during initial use.

Withdrawal: A set of symptoms that are experienced when discontinuing use of a substance to which a person has become dependent or addicted, which can include negative emotions such as stress, anxiety, or depression, as well as physical effects such as nausea, vomiting, muscle aches, and cramping, among others. Withdrawal symptoms often lead a person to use the substance again.

Wraparound Services: Wraparound services are non-clinical services that facilitate patient engagement and retention in treatment as well as their ongoing recovery. This can include services to address patient needs related to transportation, employment, childcare, housing, legal and financial problems, among others.

Source: U.S. Department of Health and Human Services (HHS), Office of the Surgeon General, Facing Addiction in America: The Surgeon General’s Report on Alcohol, Drugs, and Health. Washington, DC: HHS, November 2016.



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